

# PAXTON GREEN TIME BANK BULLETIN

## JANUARY 2017

**Wishing All our lovely members a very Happy New Year. This is our early Bulletin so all these things will happen next year.**

**Monday: 11am-12pm** we have our Italian classes, please ask for more information if you would like to join. **Cost 2 credits.**

**Wednesdays: 4.30 - 6.30pm**

Our wonderful choir is back again in January 4th and we need people to participate in singing. Please ring to confirm attendance. **Cost 2 credits**

**Venue:** Kingswood House, Billiards room.

**Thursdays: 10.30am** is time for Tai Chi Please come along as the instructor is very good. **Venue:** Kingswood House, Jacobean Room. **Cost 2 credits**

**Thursdays: 5 - 7pm** We will be running a games night **every other Thursday.** There will be lots of fun and games and tea/coffee.

**Contact us to find out the next date.**

**Venue:** Ketra House, Kingswood Estate, Seeley Drive. **Cost 2 credits**

**Fridays:** Knitting/Arts and Crafts group. Knit, with tea, coffee and biscuits. **Please get in touch if you're interested**

**Venue:** Kingswood House.

**Cost 2 credits**

**Monday 23rd January: 3:30 - 7:30pm** Our Lambeth Time Bank project is supporting a Volunteer Fair with our friends at the leisure centre and AgeUK Lambeth. Come along and see how you can get involved with loads of great local organisations! There'll be loads of fun volunteering and community opportunities to get involved with, and great new people and organisations to meet. Looking forward to seeing you there!

**Venue: West Norwood Health and Leisure Centre, 25 Devane Way, West Norwood, SE27 0DF**

**Thursday 26th January: 12:30pm– 2:30pm** Our **Kennington Time Bank** hub is launching in January with a great skill-share event. Like at our taster event Time Bank members will be sharing all kinds of great skills with members of the community, all in exchange for time! Make sure you come along for the social, fun and friendly afternoon event to meet other great Time Bank members. Who knows, you may walk away with a nice new skill.



*A Big thank you to all OUR members that have supported Timebank, and hope that 2017 will be a great New Year for everyone. There will be lots of training and new events to look forward to so please have your diary ready.*

**Find out about Timebanking...**

**Venue:**

**Paxton Green Health Centre**

**At the entrance in the foyer**

**1 Alleyn Park, SE21**

**Time:**

**Last Monday of the month, 10.30am-12pm**

**Starting JAN 2017**

**Drop-in**

**No appointment needed**

**T: 020 8 670 0990 for information**

**Contact Janice Winston T: 0208 670 0990 E: broker@pgtimebank.org**  
**Office: Kingswood House, Seeley Drive, SE21 8QR**



## Skills Exchanges wanted and offered

### Can you fix things? Know how to do something?

We'll be having an exciting 'Bring & Fix' event in early February in Elephant & Castle, where people bring little things to fix or mend - it could be sewing a hem, fixing a shoe, African head wrapping, showcasing your cooking or whatever skill you'd like to offer. If you'd like to know more or can offer your time, call Suzanne at the time bank on **020 8670 0990**

### Outreach in Southwark and Lambeth

The next wave of Community Connector training starts in February 2017. NHS Lambeth is interested in hearing from people who live or work within Coldharbour, Ferndale, Larkhall, Stockwell and Ferndale who might like to take part, in becoming a Community Connector. You will need to attend all four training sessions. This will be from 9:30 - 3:30pm. The dates are: 9th, 21st and 22nd February and 13th March 2017. **To find out more please contact: Fraser Serle on 07720601048 or email f.serle@nhs.net**

**Contact:** Suzanne Worrica (Southwark) or Dave Goslyn (Lambeth)

**T:** 0208 670 0990 **W:** [www.pgtimebank.org](http://www.pgtimebank.org)

**E:** [suzanne@pgtimebank.org](mailto:suzanne@pgtimebank.org) or [time4Lambeth@pgtimebank.org](mailto:time4Lambeth@pgtimebank.org)

If you would like to know about Time banking in the Herne Hill area please contact [Funmi@T4Lbroker@pgtimebank.org](mailto:Funmi@T4Lbroker@pgtimebank.org) or phone or text 07789705777

**Paxton Green Time Bank: Share Skills, Learn Something New!**

### Contact Us

For more information about Paxton Green Time Bank, our events, activities or how to join, call :

**T:** 020 8 670 0990

**E:** [broker@pgtimebank.org](mailto:broker@pgtimebank.org)

**W:** [www.pgtimebank.org](http://www.pgtimebank.org)

**Kingswood House, Seeley Drive, SE21 8QR**

