

PAXTON GREEN TIME BANK BULLETIN

DECEMBER 2016

Seasons Greetings from all at Paxton Green Time Bank!

We are very excited to invite you all to our AGM and Christmas Party on the 15th December from 3-6pm at Kingswood House for a bring and share buffet, music, fun and games! If you would like to share your skill or talent at this party please let us know!



20th: Carol singers wanted! Would you like to join in with a community carol sing along?

20th December 7pm at One The Elephant. This event is arranged by Crossway United Reformed Church and Lend Lease.

To join in please contact Suzanne.

Monday mornings we have our Italian classes, please ask for more information if you would like to join.

Wednesdays: 4.30 - 6.30pm

Our wonderful choir is back again and we need people to participate in singing. Please ring to confirm attendance **Venue:** Kingswood House, Billiards room. **Cost 2 credits**

Thursdays: 10.30am is time for Tai Chi! Please come along as the instructor is very good. **Venue:** Kingswood House, Jacobean Room. **Cost 2 Credits**

Fortnightly Thursdays: 5 - 7pm

We will be running a games night every other Thursday. There will be lots of fun and games and tea/coffee. **Contact us to find out the next date**

Venue: Ketra House, Kingswood Estate, Seeley Drive. **Cost 2 credits**

Fridays: Knitting/Arts and Crafts group. Knit your Christmas jumper! with tea, coffee and biscuits. **Please get in touch if you're interested**

Venue: Kingswood House. **Cost 2 credits**

Have you always wanted to run a workshop on your favourite subject?

Would you like to share your skills and knowledge with a group in South London? We can help you put a workshop together and learn how to deliver it – get in touch to learn more!

Please turn over for more diary dates!

Please note the Time Bank is closed for the holidays from 5pm Thursday 22nd December 2016 and reopens on Tuesday 3rd January 2017

Please check for individual group closures over this period

Find out about Timebanking...

Venue:

Paxton Green Health Centre

At the entrance in the foyer

1 Alleyn Park, SE21

Time:

Last Monday of the month, 10.30am-12pm

Except December

Drop-in

No appointment needed

T: 020 8 670 0990 for information

Contact Janice Winston T: 0208 670 0990 E: broker@pgtimebank.org
Office: Kingswood House, Seeley Drive, SE21 8QR



Skills Exchanges wanted and offered

Can you offer?

- ◆ Dog walking
- ◆ Singing Lessons
- ◆ Help with English Conversation
- ◆ Help with reading and writing in English
- ◆ Gardening
- ◆ Knitting at home
- ◆ Foot care

Would you like?

- ◆ Singing
- ◆ Support with Reading and Writing
- ◆ Public speaking confidence
- ◆ Are you new to Kennington, would you like some local knowledge?
- ◆ Someone to go to appointments with you

Outreach in Southwark and Lambeth

Time4Southwark and Time4Lambeth are our outreach projects to increase timebanking hours by supporting the growth of timebanking hubs. Our work is informed and strengthened by a network of time banks and organisations and actively involved or interested in adopting a timebanking approach in their existing work. We have been generously funded to support the growth of timebanking across Southwark and Lambeth.

If you are a voluntary organisation or community group and would like further information on how you might go about adopting or integrating timebanking into your existing work, get in touch.

Or contact us if you just want to know more about timebanking in general. We provide information, support and training.

Contact: Suzanne Worrica (Southwark) or Dave Goslyn (Lambeth)

T: 0208 670 0990 **W:** www.pgtimebank.org

E: suzanne@pgtimebank.org or time4Lambeth@pgtimebank.org

Twitter: @Time4Southwark or @Time4Lambeth

If you would like to know more about Time banking specifically in the Herne Hill area please contact Funmi @T4Lbroker@pgtimebank.org or ring or text 07789705777

Contact Us

For more information about Paxton Green Time Bank, our events, activities or how to join, call :

T: 020 8 670 0990

E: broker@pgtimebank.org

W: www.pgtimebank.org

Kingswood House, Seeley Drive, SE21 8QR

Paxton Green Time Bank: Share Skills, Learn Something New!

