

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6
Drop – In Session at PGGP, 1pm – 3pm (more details on Bulletin)	Vauxhall Hub at Carmelita Centre, 11am – 1pm (PTO for more info)	Women Only Healthy Eating Group at Myatt’s Field Park, 10am – 12.30pm (PTO for more info)	Tea n Chat at Herne Hill Hub, 1pm – 3pm (PTO for more info)		Compassionate Neighbours Concert See Bulletin for details.
Social Fun at Cheviot Gardens, 2pm – 5pm (PTO for more info)	Talking Group at Brewbird Café (PTO for more info)				
	Social Fun at Conrad Court, 2.30pm – 5pm (PTO for more info)				
8	9	10	11	12	13
Social Fun at Cheviot Gardens, 2pm – 5pm (PTO for more info)	Vauxhall Hub at Carmelita Centre, 11am – 1pm (PTO for more info)	Women Only Healthy Eating Group at Myatt’s Field Park, 10am – 12.30pm (PTO for more info)			
	Talking Group at Brewbird Café (PTO for more info)				
	Social Fun at Conrad Court, 2.30pm – 5pm (PTO for more info)				
15	16	17	18	19	20
Drop – In Session at PGGP, 1pm – 3pm (more details on Bulletin)	Vauxhall Hub at Carmelita Centre, 11am – 1pm (PTO for more info)	Women Only Healthy Eating Group at Myatt’s Field Park, 10am – 12.30pm (PTO for more info)	Tea Bags Meeting at Herne Hill Hub, 1pm – 3pm (See bulletin for details)	OFFICE CLOSED FOR GOOD FRIDAY!	
Social Fun at Cheviot Gardens, 2pm – 5pm (PTO for more info)	Talking Group at Brewbird Café (PTO for more info)				
Community Preview Day at DPG, 2.30pm – 4.30pm (more details on Bulletin)	Social Fun at Conrad Court, 2.30pm – 5pm (PTO for more info)				
22	23	24	25	26	27
OFFICE CLOSED FOR EASTER MONDAY!	Vauxhall Hub at Carmelita Centre, 11am – 1pm (PTO for more info)	Women Only Healthy Eating Group at Myatt’s Field Park, 10am – 12.30pm (PTO for more info)			
	Talking Group at Brewbird Café (PTO for more info)				
	Social Fun at Conrad Court, 2.30pm – 5pm (PTO for more info)				
29	30				
Drop – In Session at PGGP, 1pm – 3pm (more details on Bulletin)	Vauxhall Hub at Carmelita Centre, 11am – 1pm (PTO for more info)				
Social Fun at Cheviot Gardens, 2pm – 5pm (PTO for more info)	Talking Group at Brewbird Café (PTO for more info)				
	Social Fun at Conrad Court, 2.30pm – 5pm (PTO for more info)				

<p>To find out more about an event contact the team member with the matching colour as the event. Or Call the main office on 020 8670 0990</p>	<p>PGTB Main Hub <i>Purple Events</i> Contact KEMI 07445436628 or broker@pgtimebank.org</p>	<p>Time4Lambeth <i>Blue Events</i> Contact FUNMI 0778970577 or time4lambeth@pgtimebank.org</p>	<p>Time2Connect <i>Green Events</i> Contact FABIENNE 0746 262 7273 or fabienne@pgtimebank.org</p>	<p>Herne Hill Hub <i>Orange Events</i> Contact ROZ 07747663054 or t4lbroker@pgtimebank.org</p>
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Cheviot Gardens – West Norwood

Mondays, 2pm – 5pm

Cheviot Gardens is a local sheltered Housing unit full of great people that what to be involved with timebanking and meet new people. If you want to meet new people and can help the residents join in the Timebanking fun then this is the activity for you. For all the information about Cheviot Gardens’ activities and how to get involved contact **Fabienne** on **faienne@pgtimebank.org** or leave a message on **0208 670 0990** or text/ WhatsApp on **0746 262 7273** to find out more.

Vauxhall Hub – Drop - In for Tea n Chat

Tuesdays 11am - 1pm, Carmelita Centre - 41 Vauxhall Walk, SE11 5JT

The Time4Lambeth - Vauxhall Hub will be running a drop-in coffee morning on **TUESDAYS** from **11am to 1pm during TERM TIME**.

It is a great opportunity to meet new people and find out more about Timebanking over a cuppa tea and biscuit. Everyone is welcome! Mums and Dads with babies, people of retirement age and everyone in between. If you have a skill that you want to share with your community or need a skill or help from someone in your community or just want to be more social then the time bank is the place for you.

Remember - If you are already a Time Bank Member, come along and show the Vauxhall community how it's done. Don't forget you'll earn Time Credits for your time to spend on day trips, workshops, event tickets and other fun things.

To find out more contact **Funmi** on **time4lambeth@pgtimebank.org** or **07789 705 7777** or leave a message on **0208 670 0990**.

Conrad Court - Social Games

Tuesday 5th and 19th, 2.30pm – 5pm

Join in with fun social games with the residents of Conrad Court. For all the information about Conrad Court activities and how to get involved contact **Fabienne** on **fabienne@pgtimebank.org** or leave a message on **0208 670 0990** or text/ WhatsApp on **0746 262 7273** to find out more.

Women Only Healthy Eating Group

Wednesdays, 10am - 12.30pm, Myatt’s Field Park – Cormont Road, London, SE5 9RA

Women come together share their cooking skills and love of food. Each session a different person cooks and everyone gets to feast on the dishes together.

For more information about how to get involved contact **Funmi** on **time4lambeth@pgtimebank.org** or **07789 705 7777** or leave a message on **0208 670 0990**.

The park is between Brixton and Camberwell. The address is Cormont Road, London SE5 9RA. A short walk from Camberwell New Road, served by bus routes 36, 436, 185 and P5.

Herne Hill Hub - Tea n Chat

Thursdays 1pm – 3pm, Herne Hill Road Medical Practice, 1 – 3, Herne Hill Road, London, SE24 0AU

Herne Hill Road drop-in sessions (a stone throw from Loughborough Junction Station) are back at the medical practice. Come and meet, have a chat and a cuppa. Make new friends, learn something new or try something new. Exchange or offer a skill or valuable tips or ideas to make a positive difference in our lives.

For more information contact **ROZ** on **07747663054** or **t4lbroker@pgtimebank.org** or leave a message on **0208 670 0990**.