

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	OFFICE CLOSED	OFFICE CLOSED	OFFICE CLOSED	OFFICE CLOSED
7	8	9	10	11
OFFICE CLOSED	OFFICE CLOSED	OFFICE CLOSED	OFFICE CLOSED	OFFICE CLOSED
14	15	16	17	18
OFFICE CLOSED	OFFICE CLOSED	Community & Volunteering Fair. PTO for more info.	Movement Workshop Dulwich Picture Gallery Gallery Road, SE21 7AD 1.30PM – 3.30PM. PTO for more details.	OFFICE CLOSED
Timebanking Fun @ Cheviot Gardens, 2pm – 5pm, To join in contact Fabienne		SpaceCraft Knitting @ West Norwood, The NEW West Norwood Library, 1-5 Norwood High Street, London, SE27 9JX, 10am – 12pm. PTO for more info.		
21	22	23	24	25
OFFICE OPEN		SpaceCraft Knitting @ West Norwood, The NEW West Norwood Library, 1-5 Norwood High Street, London, SE27 9JX, 10am – 12pm. PTO for more info.	Tate Modern Museum Trip From 2,20pm Visit the galleries and the latest exhibition. Contact Fabienne to get name on list. PTO For more info.	
Timebanking Fun @ Cheviot Gardens, 2pm – 5pm, To join in contact Fabienne				
28	29	30	31	
Timebanking Fun @ Cheviot Gardens, 2pm – 5pm, To join in contact Fabienne		SpaceCraft Knitting @ West Norwood, The NEW West Norwood Library, 1-5 Norwood High Street, London, SE27 9JX, 10am – 12pm. PTO for more info.	Inter Faith Event 4pm – 7pm Lambeth Town Hall See flier attached to email or contact Funmi 07789705777 for more details.	

### **Community and Volunteer Fair**

**Wednesday 6<sup>th</sup> January 2019**

**1.30PM – 3PM**

**Aspire Wellbeing, 1 Park Hall Road, London, SE21 8EH**

The Community and Volunteering Fair, gives you the chance to meet with and engage with many local organisation at one location at one time. You can find out about their activities and services get questions answered and look for opportunities for your social prescriptions. [If you want to know, more please contact Funmi 07789705777 and Suzanne 07445450253 or \[time4lambeth@pgtimebank.org\]\(mailto:time4lambeth@pgtimebank.org\).](#)

### **Movement Workshop**

**Thursday 17<sup>th</sup> January 2019**

**Dulwich Picture Gallery, Gallery Road, SE21 7AD**

**1.30PM – 3.30PM.**

Not that I am saying you need it, but, if your Christmas holiday resembles mine (filling my face relentlessly like it's an Olympic sport. OK, slight exaggeration, but not far off), then this is the workshop for you (I mean, us!). Movement workshops explore exercise and dance movement. Taking inspiration from the Gallery collection and surroundings, they focus on creativity, and supporting health and wellbeing. [If you want to go please let the Broker know on 07445 436628 or \[broker@pgtimebank.org\]\(mailto:broker@pgtimebank.org\).](#) Limited to 15 spaces. First Come, First Served. Meet at the **Linbury Room** next to the restaurant as usual.

### **Timebanking Fun @ Cheviot Gardens,**

**West Norwood**

**2pm – 5pm**

This is a great place to meet new people and help people join in the Timebanking fun. [For all the information on the activities at Cheviot you can contact Fabienne on 0746 262 7273.](#)

### **SpaceCraft Knitting @ West Norwood,**

**Wednesdays**

**The NEW West Norwood Library, 1-5 Norwood High Street, London, SE27 9JX,**

**10am – 12pm.**

Time Bank member Kim is running her Knitting & Craft workshops on Wednesdays 10am-12pm in West Norwood! They are making all sorts of gifts, clothing and decorations and no experience is needed. All materials and refreshments are provided. [If you would like to go along ring Kim on 07950 935 007 to let her know and she will get you along to the first one!](#)

### **Tate Modern Museum Trip**

**Thursday 24<sup>th</sup> January 2019**

**Bankside, London SE1 9TG**

**From 2.20PM**

Visit the galleries and the latest exhibition. Limited spaces available. First Come First Served. [Contact Fabienne on 0746 262 7273 or 0208 670 0990 to get your name on the list.](#)