

Monday	Tuesday	Wednesday	Thursday	Friday
4	5	6	7	8
Drop – In Session at PGGP, 1pm – 3pm (PTO for more info)	Walking Group Meeting at 10.30am (PTO for more info)		Portrait Painting Ackerman Centre, 2pm – 5pm (PTO for more info)	Herne Hill Road Hub – Gardening, Herne Hill Road Medical Centre, 12pm – 1.30pm. (See Bulletin)
Social Fun at Cheviot Gardens, 2pm – 5pm (PTO for more info)	Vauxhall Hub at Carmelita Centre, 11am – 1pm (PTO for more info)			
	Talking Group Drop - In at Brewbird Café, Camberwell, Church St SE5 8JB, 11.30am –2.30pm			
11	12	13	14	15
Social Fun at Cheviot Gardens, 2pm – 5pm (PTO for more info)	Walking Group Meeting at 10.30am (PTO for more info)		Portrait Painting Ackerman Centre, 2pm – 5pm (PTO for more info)	
	Vauxhall Hub at Carmelita Centre, 11am – 1pm (PTO for more info)			
	Talking Group Drop - In at Brewbird Café, Camberwell, Church St SE5 8JB, 11.30am –2.30pm			
18	19	20	21	22
Drop – In Session at PGGP, 1pm – 3pm (PTO for more info)	Walking Group Meeting at 10.30am (PTO for more info)	Oyster Day Out – Science Gallery. More details on the Bulletin.	Portrait Painting Ackerman Centre, 2pm – 5pm (PTO for more info)	Herne Hill Road Hub – Gardening, Herne Hill Road Medical Centre, 12pm – 1.30pm. (See Bulletin)
Social Fun at Cheviot Gardens, 2pm – 5pm (PTO for more info)	Vauxhall Hub at Carmelita Centre, 11am – 1pm (PTO for more info)			
	Talking Group Drop - In at Brewbird Café, Camberwell, Church St SE5 8JB, 11.30am –2.30pm			
25	26	27	28	29
Social Fun at Cheviot Gardens, 2pm – 5pm (PTO for more info)	Walking Group Meeting at 10.30am (PTO for more info)	Community Art Week @ Kingswood House Times and Program TBC – So Watch This Space	Community Art Week @ Kingswood House Times and Program TBC – So Watch This Space	
	TBAGS on Tour @ Vauxhall Hub at Carmelita Centre, 11am – 1pm (See bulletin for more details)			
	Talking Group Drop - In at Brewbird Café, Camberwell, Church St SE5 8JB, 11.30am –2.30pm			

<p>To find out more about an event contact the team member with the matching colour as the event. Or Call the main office on 020 8670 0990</p>	<p>PGTB Main Hub Purple Events Contact KEMI 07445 436 628 or broker@pgtimebank.org</p>	<p>Time4Lambeth Blue Events Contact FUNMI 07789 705 777 or time4lambeth@pgtimebank.org</p>	<p>Time2Connect Green Events Contact FABIENNE 07462 627 273 or fabienne@pgtimebank.org</p>	<p>Herne Hill Hub Orange Events Contact PAT 07747 663 054 time4lambeth@pgtimebank.org</p>
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Drop-In Session @ Paxton Green Surgery

Paxton Green Group Practice – (Baby Clinic), 1 Alleyn Park, London SE21 8AU

Monday 4 November & Monday 18 November, 1pm—3pm

Do you know of anyone that wants to find out about or join the time bank? Tell them to come to the Drop-In Session.

If you want to attend yourself, come and have a cuppa and a chinwag with new and experienced time bank members. Turn up on the day or contact Kemi the Broker on **0208 670 0990**, or Text or WhatsApp on **07445436628** or reply to this email on broker@pgtimebank.org.

Cheviot Gardens – West Norwood

Every Monday, 2pm – 5pm

Cheviot Gardens is a local sheltered Housing unit full of great people that what to be involved with timebanking and meet new people. If you want to meet new people and can help the residents join in the Timebanking fun then this is the activity for you. For all the information about Cheviot Gardens' activities and how to get involved contact Fabienne on fabienne@pgtimebank.org or leave a message on **0208 670 0990** or text/ WhatsApp on **0746 262 7273** to find out more.

Walking Group

Meeting Point— Kingswood House Seeley Drive, SE21 8QR

Tuesdays, 10.30am—11.30am

The walking group is continuing this month. We will continue to visit different green spaces we have locally. To get walk updates each week contact Kemi the Broker on **07445436628** or broker@pgtimebank.org. Alternatively, turn up at Kingswood House on Tuesday Mornings.

Vauxhall Hub – Drop - In for Tea n Chat

Tuesdays (Term Time only), 11am - 1pm

Carmelita Centre - 41 Vauxhall Walk, SE11 5JT

The Time4Lambeth - Vauxhall Hub will be running a drop-in coffee morning on **TUESDAYS** from **11am to 1pm during TERM TIME**.

It is a great opportunity to meet new people and find out more about Timebanking over a cuppa tea and biscuit. Everyone is welcome! Mums and Dads with babies, people of retirement age and everyone in between. If you have a skill that you want to share with your community or need a skill or help from someone in your community or just want to be more social then the time bank is the place for you. To find out more contact Funmi on time4lambeth@pgtimebank.org or **07789 705 7777** or leave a message on **0208 670 0990**.

Portrait Painting

Every Thursday, 2pm – 5pm

Akerman centre, 60 Patmos road, Brixton SW9 6AF

With our Award Winning Artist and long-term member Lil. You will develop a great knowledge of painting materials and learn how to understand the structure of a head. Bring and share food for the last hour. *Transport: Bus P5 stops on Patmos Road literally outside the centre or Bus 3 to Vassell Road stop with a short 10 min walk down Vassell Road.* To register your interest contact Fabienne on **07462 627 273**.